

## **Did you know?**

### ***How your fundraising supports our mission to Prevent Abuse, Promote Respect, Strengthen Lives***

#### **Direct Services Support to Survivors**

- We provide services to anyone impacted by abuse, regardless of gender, sexual orientation, economic status, religion, race or any other identities.
- We provide an educational group at the Sullivan County House of Corrections (TRAILS program) — helping those who will be reintegrating into their homes, families, and work learn healthy relationships skills.
- We have a 24/7 crisis and support line.
- We offer sound healing to survivors, provided by a staff member with specialized training in this alternative tool for support and wellbeing.
- We hold support groups at the Claremont office for survivors. Some past groups have included journaling, vision boards and other healing arts.
- We provide survivors with emergency shelter and advocacy to survivors seeking safe, affordable, permanent housing. A lack of affordable housing is a barrier to people getting free from abuse.
- Our advocacy services include meeting survivors at local hospitals who are being seen for abuse or assault, and providing court advocacy at three local courts.
- We collaborate with the Child Advocacy Center (CAC)—to provide support and advocacy to families whose children are being interviewed about abuse. Last year, 414 individuals (children and their supportive caregivers) were supported by us at the CAC.
- We provide gas/food cards and phones for survivors whose access to safety and independence (driving, groceries, phones, jobs and services) have been restricted by a controlling and abusive partner.

#### **Prevention Education Programs and Outreach**

- We teach healthy relationships skills and abuse prevention to student pre-school through college, in communities throughout Sullivan County. You can find educators teaching body safety to elementary students, digital boundaries to middle schoolers and signs of healthy and unhealthy dating relationships to high schoolers.
- We are bringing prevention messages to a wider audience through PEP (Prevention Education Program) Talks. PEP Talks are short videos to help adults find skills and support to have conversations with their young people about healthy relationships and abuse prevention.

- Our prevention team teaches year-round! During the summer we serve youth camps and other community groups as well as appear as guest readers during summer reading programs at local libraries.
- We provide workshops and training to help adults build their skills to help prevent abuse. They learn to: recognize signs of abuse, understand the importance of trauma-informed education and support, access local resources, and speak up if they see boundary-crossing behavior from another adult.
- We help communities have more trusted adults! We offer the One Trusted Adult “Make it Your Mission” program to schools and organizations—helping adults use the “ABCs” (Accessible, Boundaried, Caring) to build more safety nets for youth.
- We are working with two local schools to bring “Coaching Boys Into Men” to their students. These are short mini-lessons, led by coaches/mentors to have important conversations about healthy relationships, boundaries and abuse prevention.

**When you raise funds for The Center for Safer Communities, you provide critical funds for these programs and services. Thank you, we couldn't do this life-changing work without your help!**